

## **A1 NATURAL CLASS CURRICULUM**

**INTRODUCTION TO PERMANENT COSMETICS:** Learn the rich history, benefits and its limitations.

**SANITATION & STERILIZATION:** Learn Standard Precautions, OSHA requirements, cross-contamination, all appropriate procedures, methods and techniques.

**FACIAL MORPHOLOGY & PHYSIOGNOMY:** Learn to see the entire face; learn to identify facial shapes and the characteristics of each feature. Learn to create the ideal and appropriate shape and placement of eyebrows, eyeliners, lash enhancements and lip liners.

**ANATOMY OF THE BROW:** Learn the anatomy of the brow and the areas safe for tattooing and those that are not and why. Learn safe tattooing techniques that enhance and flatter the shape of the brows.

**SKIN & SKIN DISORDERS:** Learn where and how pigment is placed into the skin. Disorders, scar tissue, Fitzpatrick Scale, textures & tones, aging, elasticity and how all of these factors affect the ultimate healed results.

**PATIENT/ CLIENT TREATMENT:** Learn how to evaluate each client, consult and offer Informed Consent. Live models are scheduled so the trainee can observe the instructor during the initial consultation. Identifying areas that require medical clearance prior to tattooing. Application of cosmetic rules regarding shape, color and amount of permanent cosmetic appropriate for the client are shown as well as evaluating the client's expectations of the procedure (s). Over-the-counter cosmetics are applied to the client and review of realistic expectations will be reiterated.

**PATIENT/ CLIENT MANAGEMENT:** Learn the importance of consultation, communication skills, ethics, health history and identifying personality problems and how to handle unrealistic expectations. The Power of "NO!".

**PRE/ POST-TREATMENT:** Description of procedure and instructing clients on their before and after care. Describing to each client when they should seek medical treatment for possible contraindications.

**EQUIPMENT & SUPPLIES:** (Items included except the machine which you must buy yourself) Learn types, maintenance, sources, needle clusters, pigment knowledge. A supply list of each item used in practice will be provided along with vendors.

**EXTENSIVE COLOR THEORY:** Color Theory made easy! Learn color control with tried and true formulas and comprehensive appreciation for color behavior intra-dermally. Altering and correcting color versus color removal.

**MARKETING & BUSINESS CONSIDERATIONS:** Learn business laws; the business aspect of your clinic regarding liability and insurance; also, guidelines to becoming an independent contractor will be covered. All client forms are supplied for you so you can focus on just performing the procedure, i.e. Health History, Pre-Procedure, Post-Procedure, Informed Consent Form, Re-Consent Form, Consultation/Incident Sheet, Formula Record, etc.) will be included.

## **STUDENTS WILL RECEIVE**

**ONLINE MANUAL:** Which is the online A1 Natural class which you must complete to get certified and be able to register.

**PRACTICE PACKAGE:** Included in course. 13 Laminated Practice Pages, 1 Fatbrow Page, 2 Fatbrow Skins, 2 Blank Skins, Sample Pigments, 1 Dry Erase Marker, Needles. (Must buy your own Machine).

**CERTIFICATE:** Upon satisfactory completion of the course you will receive a certificate of completion.